SEKONDA

Stopwatch



EL Backlight



Dual Time



Alarm





Chime



100M Water Resistant



Battery(CR2025)

BUTTONS

 Button operations are indicated using the letters shown on the below illustration.



DISPLAY

. The screen is shown below:



ATTENTION

- 1. Never try to open the case or remove its back cover.
- 2. Do not operate the buttons under water.
- 3. Should moisture appear inside the watch, have it checked immediately by your dealer. Otherwise it can cause erosion of the metal parts of the watch.
- 4. Although the watch is designed to withstand normal use, you should avoid rough use or dropping the watch.
- 5. Avoid exposing the watch to extreme temperatures.
- 6. Wipe the watch with a dry and soft cloth only. Avoid allowing it to come into direct contact with chemical materials that can cause deterioration of the plastic parts of the watch.
- 7. Avoid wearing the watch in electromagnetic or static conditions.

MODE SELECTION

· Press "B" to change the mode in the following sequence: Timekeeping Mode - Alarm Mode -

Stopwatch Mode - Dual Time Mode.

a TIMEKEEPING

- 12/24H Format:
- · Hour, Minutes , Seconds, Day of the week, Date:
- 100 years Calendar (2000 ~ 2099)



- · Hourly time signal:
- . The alarm sounds at the preset time each day.



STOPWATCH

 1/100 second unit: Measuring range: 0'00"00 ~ 23:59'59".



DUALTIME

· Time setting for other time zones.





12/24H Format

TIMEKEEPING

· In the timekeeping mode, press "A" to switch between 12/24H formats.



Calendar

 In the timekeeping mode, press and hold "D" to display the Year, Month and Date.



Time Setting

1. In the timekeeping mode, press and hold "A" until the seconds begin to flash (the flashing indicates that you are in setting mode):



2. Press "D" to reset the seconds:



3. Press "B" to change to the next selection:



4. Press "D" to increase the number. press and hold "D" to increase at high speed:



- 5. Repeat step 3 and 4, to change the selection in the following sequence: Seconds - Hour - Minutes - Year -Month - Date:
- 6. Press "A" to exit the set state, after you have set the time. (The day of the week is auto displayed in accordance with the year, month and date setting)





ALARM

Alarm and Chime

 In the alarm mode, press "D" to on/off the alarm and chime in the following sequence:
Alarm & Chime off – Alarm on – Chime on – Alarm & Chime on.



• The chime is the hourly time signal.

Alarm Time Setting

 In the alarm mode, press and hold "A" until the hour begins to flash (The hour flashing Indicates that you are in setting mode);



Press "D" to increase the hour, press and hold "D" to increase at high speed;



3. Press "B" to select the minutes;



 Press "D" to increase the minutes, press and hold "D" to increase at high speed:



5. Press "A" to exit the set state, after you have set the time.



 The alarm sounds at the preset time each day for about 60 seconds, press any button to break it.

STOPWATC

A Lap Time

Time 🛌



 In the stopwatch mode, press "D" to start the stopwatch;



To stop the stopwatch press "D" again;



3. Press "A" to reset the stopwatch.



Split Time



 In the stopwatch mode, press "D" to start the stopwatch;



 Press "A" to display the split time, the stopwatch will continue timing internally:



 Press "A" to clear the split time and continue time measurement:



 Repeat step 2 and 3 to measure multiple split times;





6. Press "A" to reset the stopwatch.



DUALTIME

Dual Time Setting

In the dual time mode, press and hold "A" until the hour begins to flash (the flashing indicates that you are in setting mode):



2. Press "D" to increase the hour, press and hold "D" to increase at high speed;



Press "B" to select the minutes:



 Press "D" to change the minutes (press once to add 30 minutes);



Press "A" to exit the set state, after you have set the time.



BACKLIGHT

 The backlight uses an electro-luminescent that causes the display to glow for easy reading in the dark.

Using The EL Backlight

 In any mode, press "C" to illuminate the display for about 3 seconds.

