SEKONDA

🏃	Stopwatch	EL	EL Backlight
🕐	Dual Time	⏰	Alarm
📅	100 Years Calendar	🔔	Chime
🏊	100M Water Resistant	🔋	Battery(CR2025)

BUTTONS

- Button operations are indicated using the letters shown on the below illustration.

"A" — "D"

"B" — "C"

A -- Reset
B -- Mode
C -- EL backlight
D -- Start / Stop

DISPLAY

- The screen is shown below:

Hour — Cartoon
Minutes — Seconds
Day of the week — Date

MODE SELECTION

- Press "B" to change the mode in the following sequence:
  Timekeeping Mode → Alarm Mode→
  Stopwatch Mode → Dual Time Mode.

a TIMEKEEPING

- 12/24H Format;
- Hour, Minutes , Seconds, Day of the week, Date;
- 100 years Calendar (2000 ~ 2099).

b ALARM

- Hourly time signal;
- The alarm sounds at the preset time each day.

c STOPWATCH

- 1/100 second unit;
- Measuring range: 0'00"00 ~ 23:59'59".

d DUAL TIME

- Time setting for other time zones.

a TIMEKEEPING

12/24H Format

- In the timekeeping mode, press "A" to switch between 12/24H formats.

Calendar

- In the timekeeping mode, press and hold "D" to display the Year, Month and Date.

Time Setting

1. In the timekeeping mode, press and hold "A" until the seconds begin to flash (the flashing indicates that you are in setting mode);

2. Press "D" to reset the seconds;

3. Press "B" to change to the next selection;

4. Press "D" to increase the number, press and hold "D" to increase at high speed;

5. Repeat step 3 and 4 to change the selection in the following sequence: Seconds – Hour – Minutes – Year – Month – Date;

6. Press "A" to exit the set state, after you have set the time. (The day of the week is auto displayed in accordance with the year, month and date setting).

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b ALARM

Alarm and Chime

- In the alarm mode, press "D" to on/off the alarm and chime in the following sequence :
Alarm & Chime off → Alarm on → Chime on → Alarm & Chime on.

- The chime is the hourly time signal.

Alarm Time Setting

1. In the alarm mode, press and hold "A" until the hour begins to flash. (The hour flashing indicates that you are in setting mode);

2. Press "D" to increase the hour, press and hold "D" to increase at high speed;

3. Press "B" to select the minutes;

4. Press "D" to increase the minutes, press and hold "D" to increase at high speed;

5. Press "A" to exit the set state, after you have set the time.

- The alarm sounds at the preset time each day for about 60 seconds, press any button to break it.

c STOPWATCH

A Lap Time

1. In the stopwatch mode, press "D" to start the stopwatch;

2. To stop the stopwatch press "D" again;

3. Press "A" to reset the stopwatch.

Split Time

1. In the stopwatch mode, press "D" to start the stopwatch;

2. Press "A" to display the split time, the stopwatch will continue timing internally;

3. Press "A" to clear the split time and continue time measurement;

4. Repeat step 2 and 3 to measure multiple split times;

5. Press "D" to stop the stopwatch.

6. Press "A" to reset the stopwatch.

d DUALTIME

Dual Time Setting

1. In the dual time mode, press and hold "A" until the hour begins to flash (the flashing indicates that you are in setting mode);

2. Press "D" to increase the hour, press and hold "D" to increase at high speed;

3. Press "B" to select the minutes;

4. Press "D" to change the minutes (press once to add 30 minutes);

5. Press "A" to exit the set state after you have set the time.

BACKLIGHT

- The backlight uses an electro-luminescent that causes the display to glow for easy reading in the dark.

Using The EL Backlight

- In any mode, press "C" to illuminate the display for about 3 seconds.