




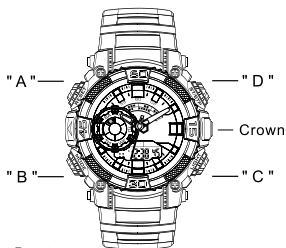


-  **EL Backlight**  **Quartz Movement**
-  **Stopwatch**  **Alarm**
-  **Calendar**  **Chime**
-  **100M Water Resistant**  **Battery(CR2025 +SR626SW)**

1. Never try to open the case or remove its back cover.
2. Do not operate buttons underwater.
3. Should moisture appear inside the watch, have it checked immediately by your dealer. Otherwise it can cause erosion of the metal parts of the watch.
4. Although the watch is designed to withstand normal use, you should avoid rough use or dropping the watch.
5. Avoid exposing the watch to extreme temperatures.
6. Wipe the watch with a dry and soft cloth only. Avoid allowing it to come into direct contact with chemical materials, which can cause deterioration of the plastic parts of the watch.
7. Avoid wearing the watch in electromagnetic or static conditions.

BUTTONS

- Button operations are indicated using the letters shown on the below illustration.



- A -- Reset
- B -- Mode
- C -- EL backlight
- D -- Start / Stop

MODE SELECTION

- Press "B" to change the mode in the following sequence:
Timekeeping Mode – Stopwatch Mode – Alarm Mode – Time Setting Mode.

a TIMEKEEPING

- Date display;
- Alarm and chime setting.



(Timekeeping icon changes in accordance with the day of the week).

b STOPWATCH

- 1/100 second unit;
- Measuring range: 0'00"00 – 23:59'59".



c ALARM

- The alarm sounds at the preset time each day;
- Hourly time signal;
- 5 minute snooze.



d TIME SETTING

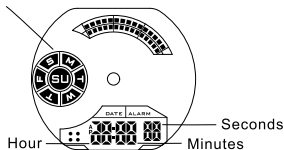
- 12Hr and 24Hr formats.
- Hour, Minutes, Seconds, Month, Date and Day of the week can be set.



DISPLAY

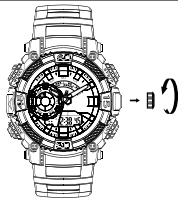
- The screen is shown below:

Day of the week



ADJUST HANDS

- Pull the crown out and turn to adjust the hour and minute hands;
- Push the crown back in to the normal position after the time is set;



a TIMEKEEPING

Display The Date

- In the timekeeping mode, press and hold "D" to display the date.



On/Off The Alarm

- In the timekeeping mode, press and hold "A" to display the alarm time;
- Press "D" at the same time to on/off the alarm.



On/Off The Chime

- In the timekeeping mode, press and hold "A" to display the alarm time;
- Press "B" at the same time to on/off the chime.



b STOPWATCH

A Lap Time



- In the stopwatch mode, press "D" to start the stopwatch;
- To stop the stopwatch press "D" again;
- Press "A" to reset the stopwatch.



Split Time



- In the stopwatch mode, press "D" to start the stopwatch;
 - Press "A" to display the split time, the stopwatch will continue timing internally;
 - Press "A" to clear the split time and continue time measurement;
 - Repeat step 2 and 3 to measure multiple split times;
 - Press "D" to stop the stopwatch.
 - Press "A" to reset the stopwatch.
- Always reset the stopwatch after use.



c ALARM

Alarm Time Setting

- In the alarm mode the hour will begin to flash.
- Press "D" to increase the hour, press and hold "D" to increase at high speed;
- Press "A" to select the minutes;
- Press "D" to increase the minutes, press and hold "D" to increase at high speed;
- Press "B" to return to the timekeeping mode, after you set the alarm.



- The alarm on/off directions are located on page three.

Snooze

- The alarm sounds at the preset time each day for about 60 seconds.
- Press "D" to snooze the alarm for 5 minutes;
- Press "A" to stop the alarm.

d TIMESETTING

Time Setting

- In the time setting mode the seconds will begin to flash.
 - Press "D" to reset the seconds;
 - Press "A" to change to the next selection;
 - Press "D" to increase the number, press and hold "D" to increase at high speed;
 - Repeat step 3 and 4 to change the selection in the following sequence: Seconds - Minutes - Hour - Date - Month - Day;
- Both 12Hr and 24Hr formats are selected when setting the hour.
- Press "B" to return to the timekeeping mode.



BACKLIGHT

- The backlight uses an electro-luminescent that causes the display to glow for easy reading in the dark.

Using The EL Backlight

- In any mode, press "C" to illuminate the display for about 3 seconds.

